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2

Lunch - Greatest Hits - High Schools

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# **DECEMBER 2021**

## -Choose 1-

1

Spicy Chicken w/ Bun

Beef Burger

w/ Bun Grilled Cheese Sandwich

-Add Cheese-

American Cheese

### -Add-

French Fries -Garden Vegetable Bar-

Shredded Romaine Lettuce

Sliced Tomatoes

Pickles

Bermuda Onions

Baby Carrots

**-Fruit Bar-**Chilled Pineapple Chunks

Fresh Pear

Orange Wedges

-Choose 1-Meatball Sub w/ Cheese Pepperoni Pizza Pizza Sticks w/ Dipping Sauce -Add-Kickin' Roasted Veggies -Garden Vegetable Bar-

Celery Sticks

Greek Salad

Sliced Beets

-Fruit Bar-Mandarin Orange Cup Strawberry Shortcake

Fresh Banana

-Fruit Bar-

Fresh Apple Chilled Mixed Fruit Fresh Melon

https://www.schoolnutritionandfitness.com/webmenus2/#/view-no-design?id=61829b56534a1301198b4581

3

-Choose 1-

Crispy Chicken

**Beef Burger** 

Grilled Cheese

-Add Cheese-

-Add-

-Garden Vegetable

Bar-

Shredded Romaine

Sliced Tomatoes

Bermuda Onions

**Baby Carrots** 

American Cheese

w/Bun

w/Bun

Sandwich

Parmesan

Broccolini

Lettuce

Pickles

#### Web Menus

6

7 -Choose 1-**Crispy Chicken** Cheese Pizza w/Bun **Beef Burger** Pizza Sticks w/Bun Grilled Cheese Sandwich "Candy" Corn -Add Cheese-American Cheese -Add-**Baby Carrots** Stir Fried Cabbage Tossed Salad -Garden Vegetable Bar-Shredded Romaine Lettuce Sliced Tomatoes Salsa **Pickles** Bermuda Onions Cup **Baby Carrots** -Fruit Bar-Chilled Mixed Fruit Graham Banana

**Orange Wedges** 

Bites

-Choose 1-Pepperoni Pizza w/ Dipping Sauce -Add--Garden Vegetable Bar-**Grape Tomatoes** -Fruit Bar-Apple Wedges Mango Pineapple Frozen Fruit Juice

Spicy Chicken w/Bun Beef Burger w/Bun Grilled Cheese Sandwich -Add Cheese-American Cheese -Add-**Curly Fries** Tomato Basil Soup -Garden Vegetable Bar-Shredded Romaine Lettuce

-Choose 1-

8

Sliced Tomatoes Pickles Bermuda Onions -Fruit Bar-

Chilled Pineapple Chunks Fresh Grape Clusters Fruit Crisp

9 -Choose 1-Cheese Pizza Pepperoni Pizza Pizza Sticks w/ Dipping Sauce -Add-Steamed Broccoli -Garden Vegetable Bar-**BLT Romaine Salad Cucumber Slices** Pumpkin Soufflé -Fruit Bar-Mandarin Orange Cup Fresh Strawberries Pear Wedges

-Choose 1-**Crispy Chicken** w/Bun Beef Burger w/Bun Grilled Cheese Sandwich -Add Cheese-American Cheese -Add-Baked Beans -Garden Vegetable Bar-Shredded Romaine Lettuce **Sliced Tomatoes Pickles** Bermuda Onions **Baby Carrots** -Fruit Bar-**Applesauce** Cup Kiwi Wedges **Chilled Peaches** 

10

#### Web Menus

13	14	15	16	17
-Choose 1-	-Choose 1-	-Choose 1-	-Choose 1-	-Choose 1-
Crispy Chicken	Cheese Pizza	Spicy Chicken	Meatball Sub	Crispy Chicken
w/ Bun	Pepperoni Pizza	w/ Bun	w/ Cheese	w/Bun
Beef Burger	Pizza Sticks	Beef Burger	Pepperoni Pizza	Beef Burger
w/Bun	w/ Dipping Sauce	w/Bun	Pizza Sticks	w/Bun
Grilled Cheese Sandwich	<b>-Add-</b> Baked Plantains	Grilled Cheese Sandwich	w/ Dipping Sauce <b>-Add-</b>	Grilled Cheese Sandwich
-Add Cheese-	-Garden Vegetable	-Add Cheese-	-Add- Kickin' Roasted	-Add Cheese-
American Cheese	Bar-	American Cheese	Veggies	American Cheese
-Add-	Baby Carrots	-Add-	-Garden Vegetable Bar-	-Add-
Green Beans - <b>Garden Vegetable</b>	Corn Salad Tossed Salad	French Fries <b>-Garden Vegetable</b>	Bar- Celery Sticks	Parmesan Broccolini
Bar-	Garbanzo Beans	Bar-	Greek Salad	-Garden Vegetable Bar-
Shredded Romaine Lettuce	-Fruit Bar-	Shredded Romaine Lettuce	Sliced Beets <b>-Fruit Bar-</b>	Shredded Romaine Lettuce
Sliced Tomatoes	Chilled Peaches	Sliced Tomatoes	Mandarin Orange	Sliced Tomatoes
Pickles	Frozen Mixed Berry Cup Grapefruit Wedges	Pickles Bermuda Onions Baby Carrots	Cup Strawberry Shortcake	Pickles
Bermuda Onions				Bermuda Onions
Cauliflower Florets			Fresh Banana	Baby Carrots
-Fruit Bar-		-Fruit Bar-		-Fruit Bar-
Apple Wedges		Chilled Pineapple Chunks		Fresh Apple
Chilled Pears & Blueberries		Fresh Pear		Chilled Mixed Fruit
Fresh Grape Clusters		Orange Wedges		Fresh Melon

20	21	22	23	24
- No School Today -				
27	28	29	30	31
- No School Today -				